



krav maga SELF DEFENSE



Learn how to reduce your risk and how to respond if the worst should happen.

It is our duty as adults to protect our family, friends, loved ones and most importantly ourselves. We invite you to try our comprehensive Krav Maga based self-defense class at Full Circle Martial Arts Academy in Newark, Ohio.

- Learn a modern hand-to-hand self-defense system
- Incredible Krav Maga tactics to defeat any attacker
- Defend against various grabs and holds
- Learn ways to reduce risk and avoid attacks
- Taught by certified instructors from Full Circle Martial Arts.

**Call now for more information...
Don't be a victim!**



FULL CIRCLE
MARTIAL ARTS ACADEMY



FCMA INSTRUCTOR

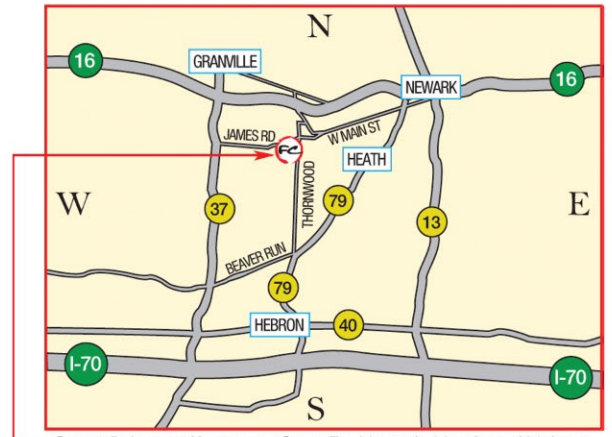
Doug Wells
Black Belt
FCMA Krav Maga Instructor
Self-Defense Expert



FULL CIRCLE
MARTIAL ARTS ACADEMY

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Classes: Thursdays 7:00-8:00
\$50 Per Month - No Contracts or Sign-up Fees
FIRST MONTH IS FREE!



Centrally located between Granville, Newark, Heath and Hebron

